

## **Adult Resource List**

**Long Island Crisis Center 24/7 Hotline-** ([www.licconline.net](http://www.licconline.net)) access to over 600 resources in any area of mental health: 516-679-1111

**Response Hotline-** ([www.responsehotline.org](http://www.responsehotline.org)) access to mental health resources focusing in Suffolk: 631-751-7500

**National Suicide Prevention Hotline:** 1-800-273-TALK (8255)

**Mental Health Association Helpline-** ([www.mhanc.org](http://www.mhanc.org)) Nassau: 516-504-4357

**Association for Mental Health & Wellness-**( [www.mentalhealthandwellness.org](http://www.mentalhealthandwellness.org)) Suffolk: 631-471-7242

**Mobile Crisis Unit-** Nassau: 516-227- TALK (8255) Suffolk: 631-952-3333

**LIFENET:** NYC Mobile Crisis intake: 800-543-3638

**Alcoholics Anonymous-** Nassau: 516-292-3040 Suffolk: 631-669-1124

**Narcotics Anonymous-** Nassau: 516-827-9500 Suffolk: 631-884-9500

**Naranon** (for families of substance abusers): 800-477-6291

**Long Island Counsel on Alcohol and Drug Dependence (LICADD):** Nassau: 516-747-2606  
Suffolk: 631-979-1700

**Nassau University Medical Center (NUMC) Psychiatric ER:** 516-572-4775

**Stony Brook University Hospital-24-hour psychiatric ER:** (631) 444-6050

**Pride For Youth** – Lesbian, gay, bisexual, transgender services for individuals up to 30 years of age; including free HIV/AIDS/STI testing, support groups: 516-679-9000

**LIGALY-** Support groups and advocacy for LGBT- Nassau: 516-323-0011, Suffolk: 631-665-2300

**Parents, Family and Friends of Lesbians and Gays (PFLAG):** 516-938-8913

