



## LISPAN NETWORK MEETING

Friday, May 20, 2016 8:00-10:00 a.m.

### “Mission Be: Using Mindfulness with Trauma”

Hosted by:

Jericho Middle/High School  
MIDDLE SCHOOL LIBRARY  
99 Cedar Swamp Road  
Jericho, New York 11753

*[Mission Be](#) is a not for profit organization bringing mindfulness to schools, impacting 36 schools with our eight week in class mindfulness education program and training an additional 720 teachers in our 18 hour weekend trainings. With these two models we have impacted an estimated 30,000 children in New York and Silicon Valley since 2013. To learn more see our [slide deck](#), [video](#), and an [overview of our work](#). At the LISPAN conference, Mission Be will be presenting on their current mindfulness curriculum, impact and vision and give us a peak into their new program implemented by mental health professionals designed to reduce trauma and build resilience.*

**Please remember to bring your ID to show to security.**

**Directions:** Long Island Expressway to Exit 41 North **OR** Northern State Parkway to Exit 35 North. Head north on Rte. 106/107 for approximately half a mile. You will pass Whole Foods shopping center on your right and the Milleridge Inn Restaurant. Bear LEFT at the split onto Route 107 North staying in the right lane. You will pass two traffic lights. After the second light, merge right. You will see a sign that says “Jericho Schools.” Make a right onto the campus. If you pass SUNY Old Westbury, you went too far. For directions, please click on the following link: <https://web.jerichoschools.org/hs/directions.htm>

**Parking:** There are three entrances into the schools (Jericho Middle and High School are a connected building), middle school entrance, high school entrance or the administration office. Please let security know that you are going to the LISPAN meeting in the Middle School Library. Make sure that if you park in the lots, to park in the back. The upper spots are assigned to staff/faculty.

**PRE-REGISTRATION IS REQUIRED!** Please RSVP by MAY 16<sup>th</sup> to Danielle Smith, Jericho High School Psychologist, at the following link: <http://goo.gl/forms/fl8Z3p8WK3>

This presentation will be capped at 50 participants...All ARE WELCOME!

