



Student Support  
Services Center  
Western Suffolk BOCES

**Youth Mental Health First Aid  
SAMHSA Project AWARE Grant  
Sponsored by Western Suffolk BOCES**

*Presenter: Debbie Caputo*

**Audience:** School administrators, teachers, nurses, librarians, school staff, parents, youth community members, mentors, caseworkers, after school providers, health & human service workers, first responders, fire and police officers, family members, volunteers, older adolescents, and other caring citizens.

**Date:** **March 1, 2016** **8 AM – 5 PM (7:30 Registration)**  
**\*April 13 & 14, 2016** **\*8 AM-12:30PM (7:30 Reg.)**  
**May 9, 2016** **8 AM – 5 PM (7:30 Registration)**

**30 Seats available for each training session**

**\*This training is 2 half-days**

**Place:** Western Suffolk BOCES, 31 Lee Avenue, Wheatley Heights, NY 11798  
**Fee:** **FREE of CHARGE \$0.00 due to Project AWARE funding.**

*Description:* Youth Mental Health First Aid is a national recognized, evidence-based **8 hour** certification course that teaches the unique warning signs and risk factors for a variety of mental health challenges among adolescents. YMHFA offers a five-step action plan to support an adolescent developing signs and symptoms of a mental health concern or in an emotional crisis. The training program is intended for adults who work with and care for youth, ages 12-18. Participants will engage in role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care. More information can be found on the National Council for Behavioral Health's website at [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org).

**Register online <http://www.wsboces.org/webreg>**  
**Questions: Call/Email Nina Mounsey 631/595-6843. [nmounsey@wsboces.org](mailto:nmounsey@wsboces.org)**

**Cancellation Policy:** Cancellations should be made at least 5 business days prior to the workshop.

**Directions:** Get off the LIE at exit 50, Bagatelle Road. Head South on Bagatelle Road for approximately 2 miles. Make a left onto Lee Avenue (Blinking Red Light). School is on the corner of Lee Avenue and Bagatelle Road Enter the driveway on the far right of the school. Park in the first parking lot. Enter the first door on the side of the school for the Conference Room.

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